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## The Belgian 3M case from a health perspective

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# Health effects of PFAS

— High certainty

---- Lower certainty

## Developmental effects affecting the unborn child

Delayed mammary gland development

Reduced response to vaccines

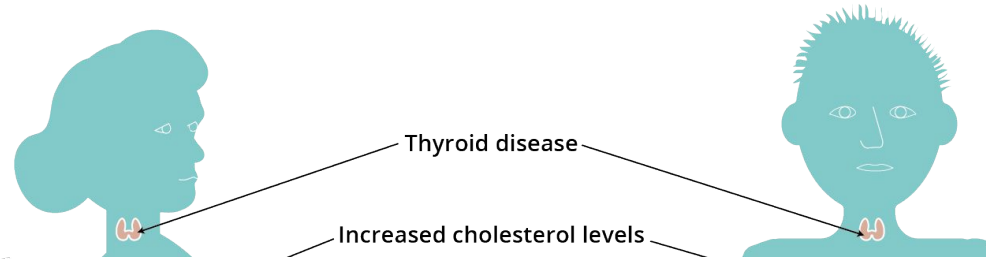
Lower birth weight

Obesity

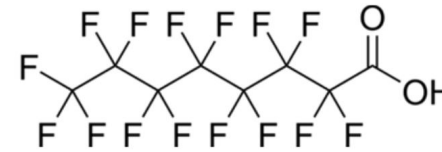
Early puberty onset

Increased miscarriage risk  
(i.e. pregnancy loss)

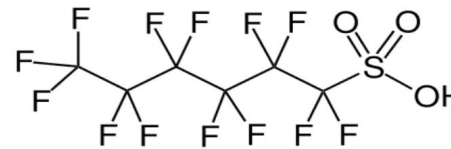
Low sperm count and mobility



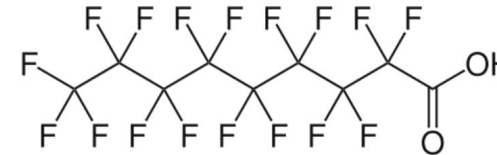
PFOS



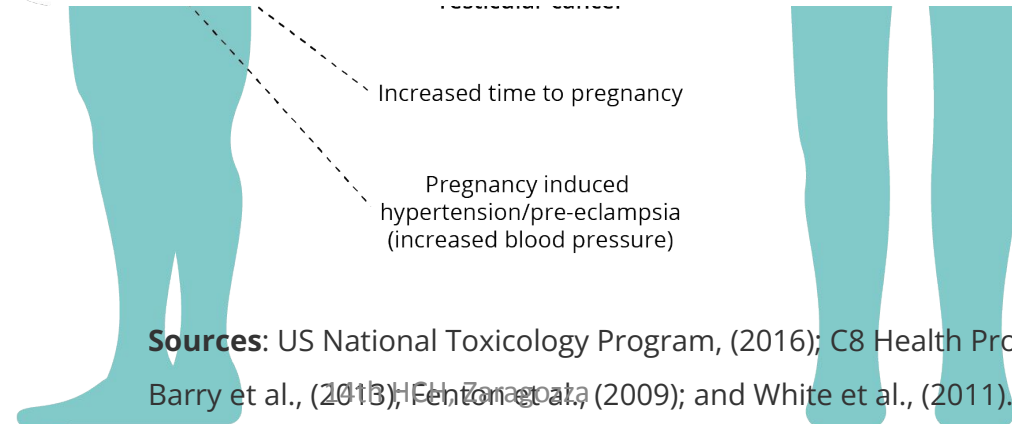
PFOA



PFHxS



PFNA



**Sources:** US National Toxicology Program, (2016); C8 Health Project Reports, (2012); WHO IARC, (2017); Barry et al., (2013); Fenton et al., (2009); and White et al., (2011).

# Health effects of PFAS

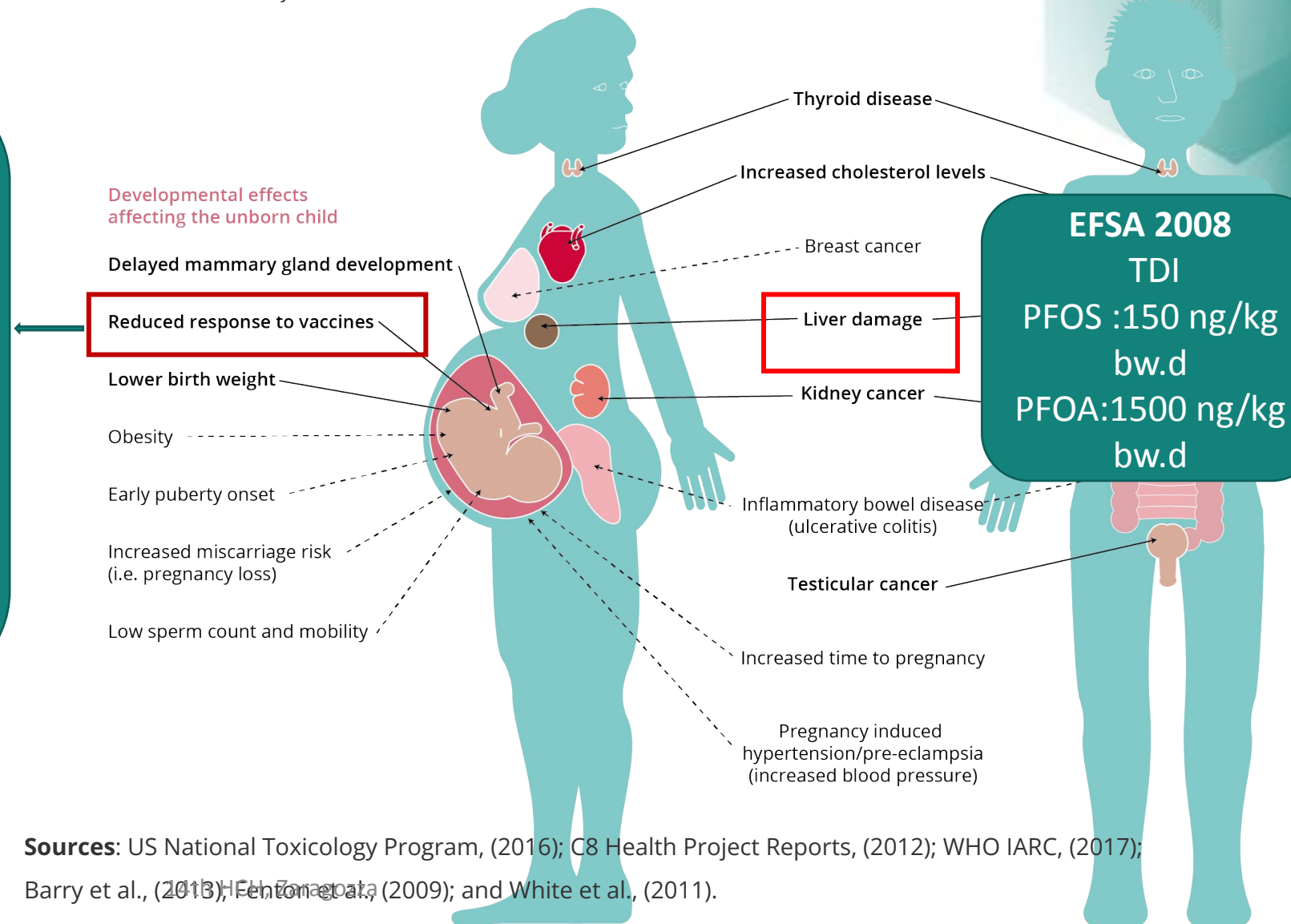
— High certainty

---- Lower certainty

**EFSA 2020**  
PFOA+PFOS+ PFNA (C9) +PFHxS (C6)

**Tolerable Weekly Intake (TWI):**  
**4.4 ng/kg body weight per week**

↕  
**6.9 µg/L serum**  
**(human biomonitoring guidance value)**



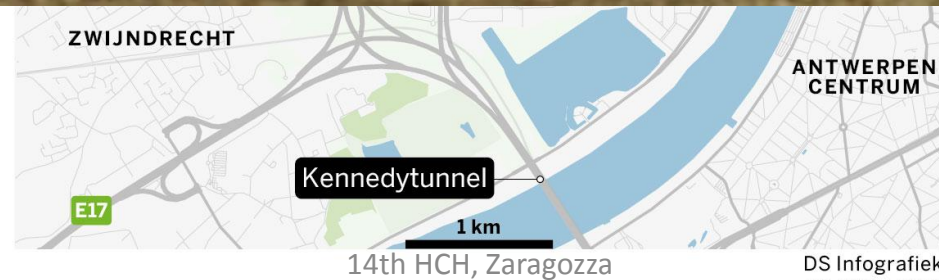
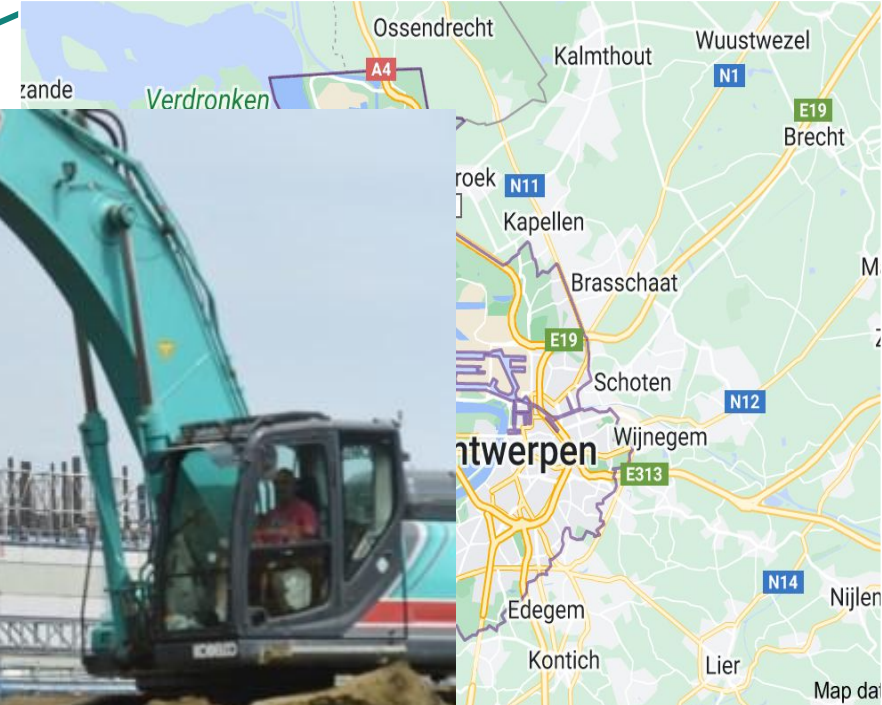
**EFSA 2008**

TDI

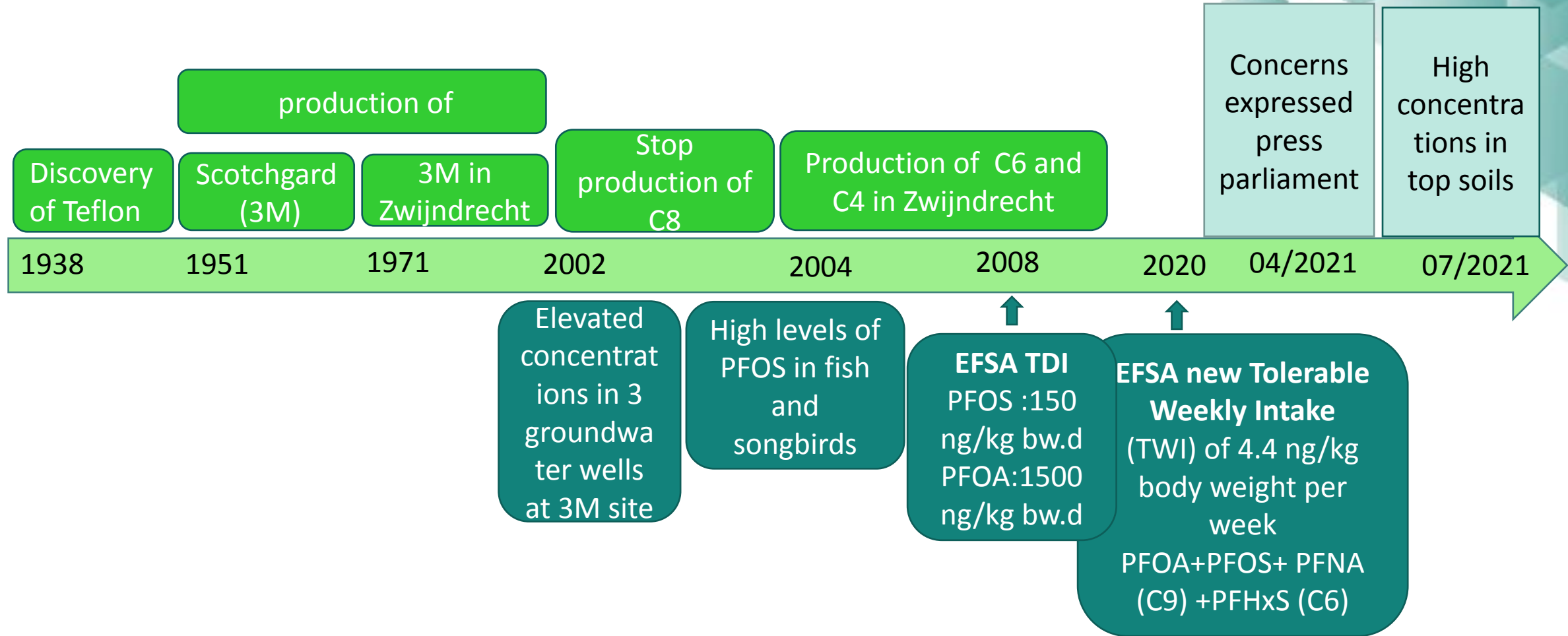
PFOS :150 ng/kg  
bw.d  
PFOA:1500 ng/kg  
bw.d

**Sources:** US National Toxicology Program, (2016); C8 Health Project Reports, (2012); WHO IARC, (2017); Barry et al., (2013); Feron et al., (2009); and White et al., (2011).

# Antwerp and the 3 M site



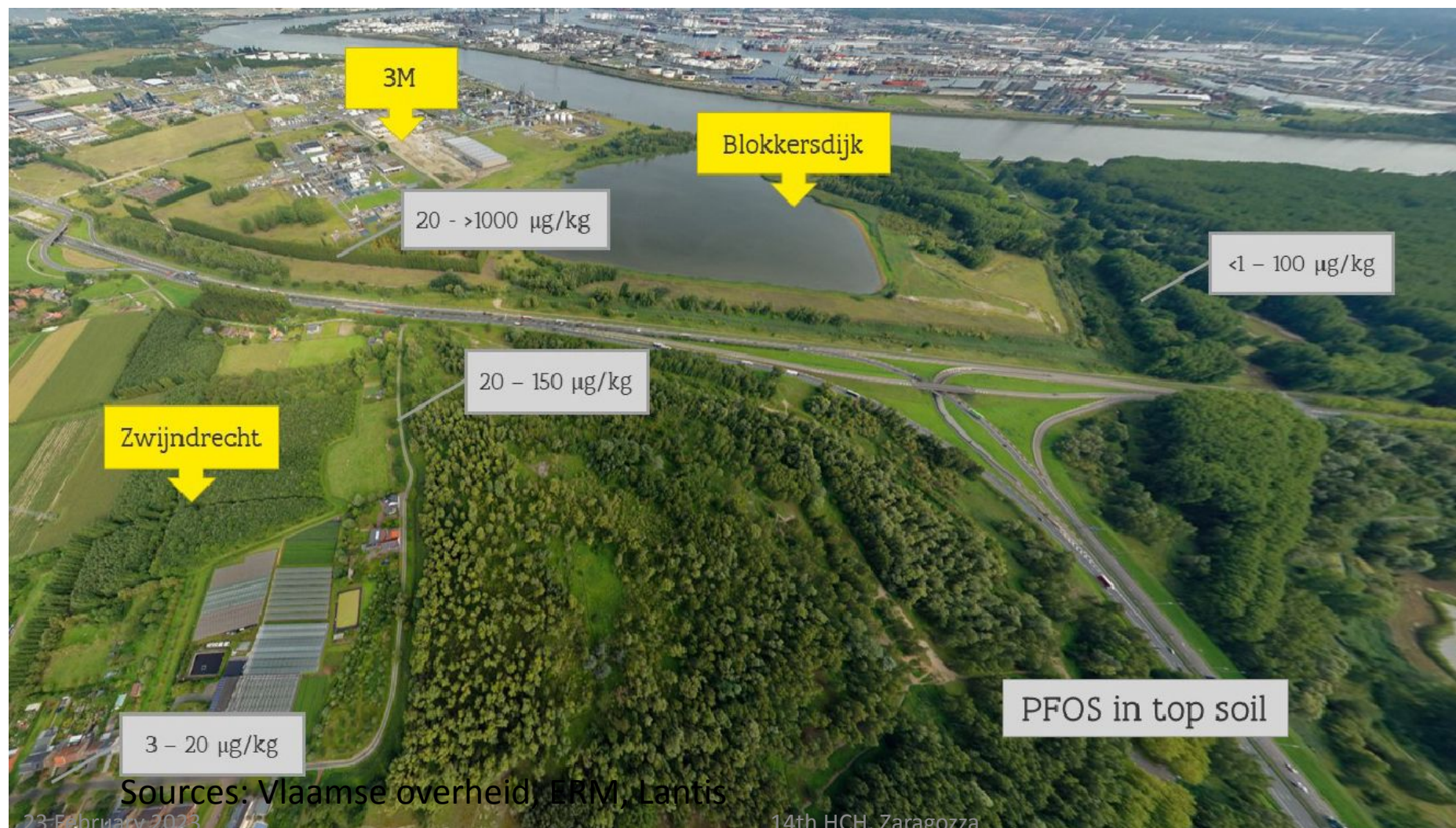
# Time line PFAS





# PFOS levels in top soil before start of the excavation

## Average for Flanders: $0.78 \mu\text{g/kg dm}$



# Response of the local community

Starting April- June 2021

## Residents:

- Our health?
- Locally produced food?
- Value of our residences?
- Who will pay?

## Action groups:

- Support from experts
- Analysis of soil and 9 blood samples
- Media contacts
- Law suits






# Response of the authorities

Commissioner ( Juni 2021-Dec 2022) K. Vrancken

- Trust building by transparant communication
  - making all monitoring data available one public web site
  - reports, podcasts, mailbox
  - information targeted to community
- Building partnerships among stakeholders
- Knowledge building
  - Scientific expert group: monitoring + exposure modelling towards a risk based approach
  - Supporting policy makers ( Ministry of Environment, Health , Public Works)



Information and awareness  
raising  
~~Panic and minimising~~

Sanitation alliance: local authorities  
, constructor, nature organisations,  
action groups , 3M

New Research:  
Stronger regulation ( soil, water, earthworks)  
Expert hub: dealing with substances of very  
high concern- precautionary



## No regret measures (recommendations to limit exposure < 3 km from 3M site)

- No consumption of home grown vegetables ( pregnant women and children)
- Limited consumption of home grown vegetables
- No consumption of well water for drinking or watering of vegetables
- Maximum one local egg/ week
- No consumption of home grown animals
- Healthy diet purchased from different sources
- Good personal hygiene/ wet cleaning of the indoor
- Covering loose soil, limiting soil drift,
- Not allowing children to play on fallow land

**Parliamentary commission of inquiry:**  
Ministers, 3M, Administrators, Scientists  
25 June 2021→ 28 March 2022



**Earth moving committee:**  
14 July 2021

Scientific experts- advice on continuation of  
construction works and health risks for residents



# Monitoring data

- Groundwater
- Soil
- Particulate matter
- Dust
- Vegetables
- Chicken eggs
- Human serum samples
  
- Gaseous air samples
- Flue gas

## Method development and accreditation LOD/LOQ?

> C8 ( linear and branched PFOA,PFOS,PFHxS)  
C4 – C7

Perfluorinated organic acids

Perfluorinated sulphonic acids

Perfluorinated sulphonamides

Intermediates: PFBSA

Precursors:

4:2 FTS, 6:2 FTS, 8:2 FTS, 10:2 FTS

Alternatives:

ADONA, GenX



# Research

## HUMAN EXPOSURE:

Human biomonitoring

800 participants > 12 years old

→ Refining no regret measures

→ Internal exposure data of 10 PFAS compounds

Exposure modelling: Setting risk based limit values for soil and groundwater

Analysis of PFAS in homes (dust), local food, serum of residents

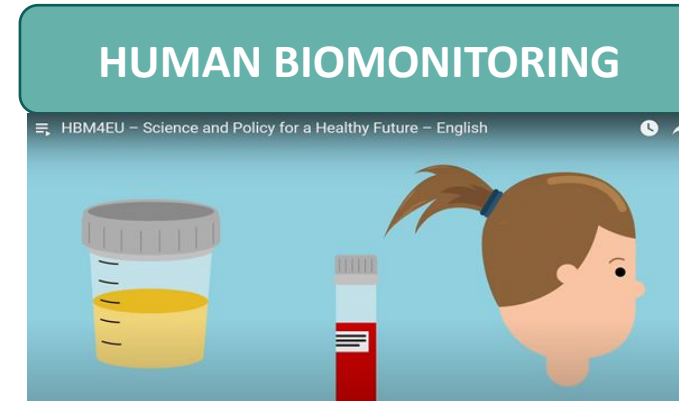
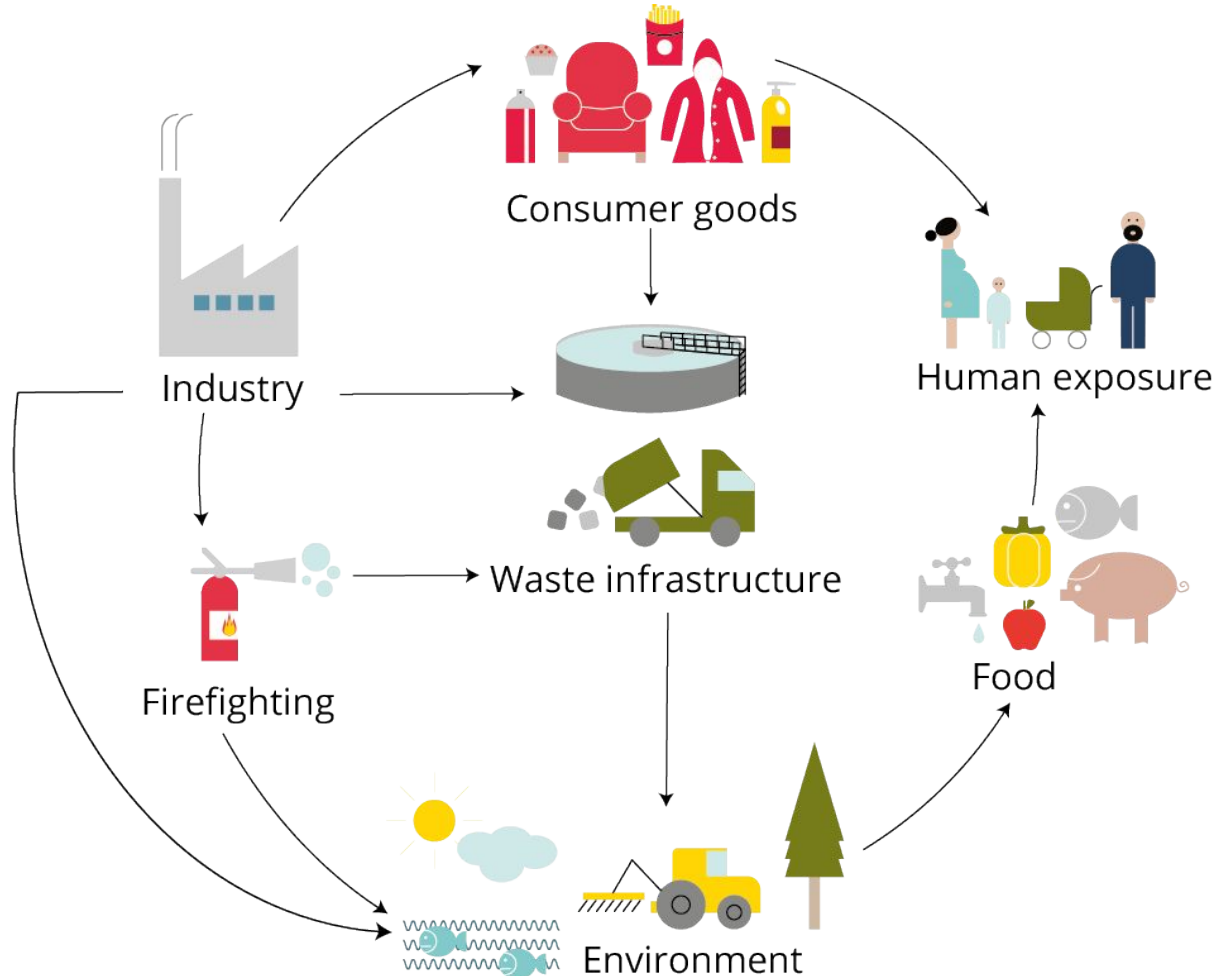
## HEALTH:

Analysis of cancer incidence data of Zwijndrecht

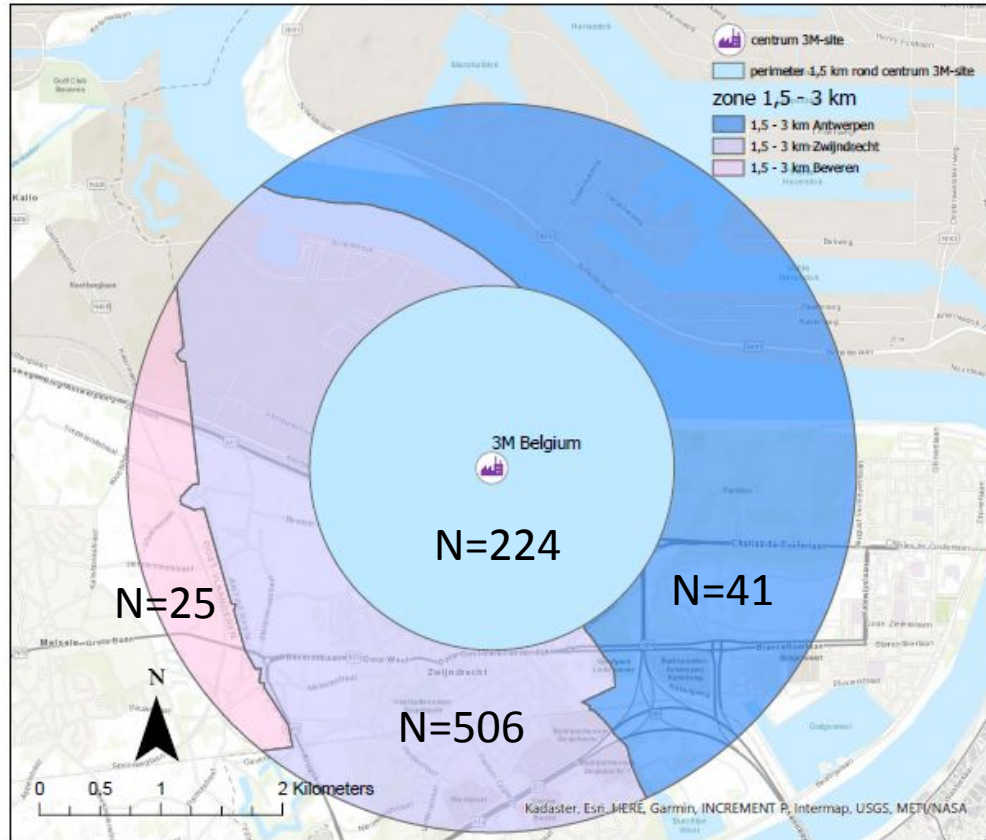
Human biomonitoring of 300 adolescents : exposure and effect

**January 2023:** 40 000 residents are invited < 5km from 3M site to have their serum analysed to know what is in their body

# PFAS exposure pathways for humans



# Recruitment of $\approx 800$ residents



All residents invited < 3 km  
>12 jaar: 12.089

1 participant /household

Stratification per age group

Max. 800 participants

Blood sampled



Family and health

Residence : garden? Well water?

Diet: home grown food? type?

Education, occupation?

Hobbies, product use?

QUESTIONNAIRE

Very often ☐

Often ☐

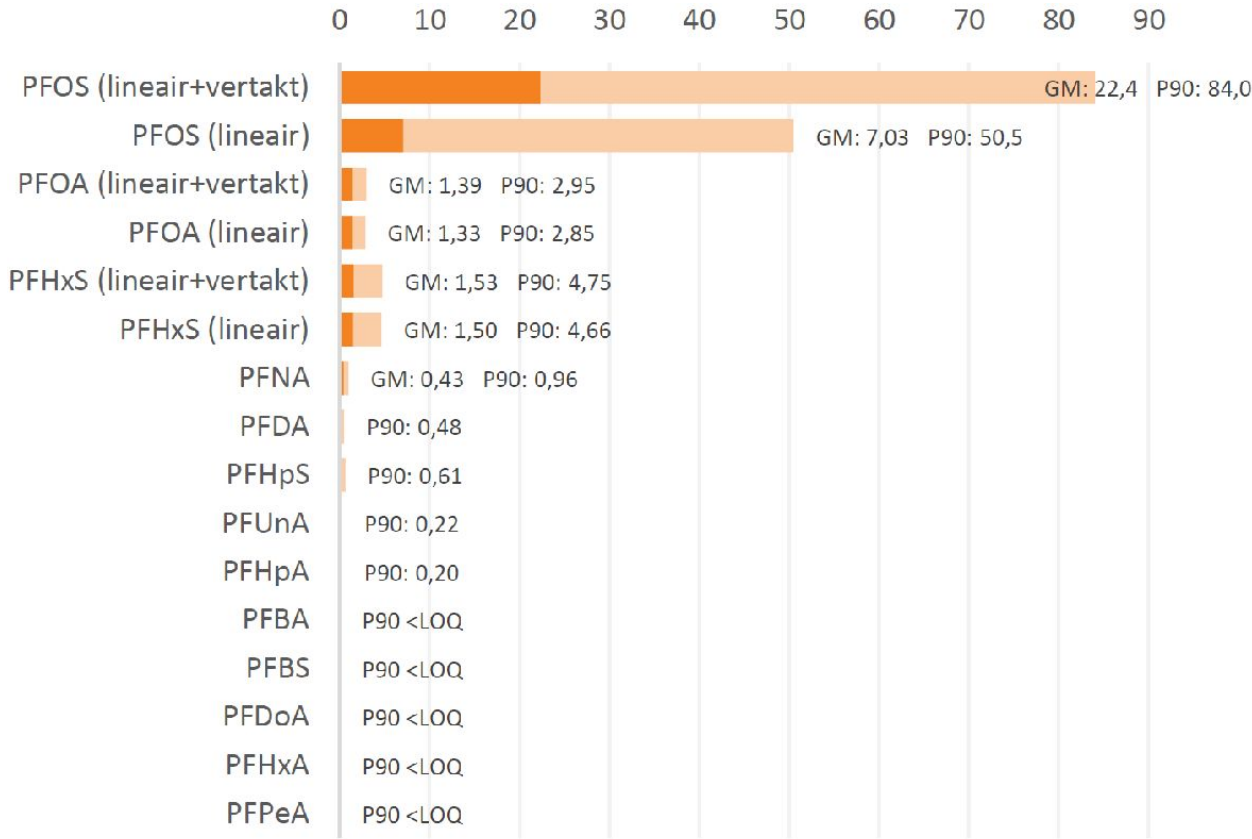
Sometimes ☒

Rarely ☐



# Serum levels of residents < 3km of 3M site: mainly PFOS, PFHxS, PFOA en PFNA

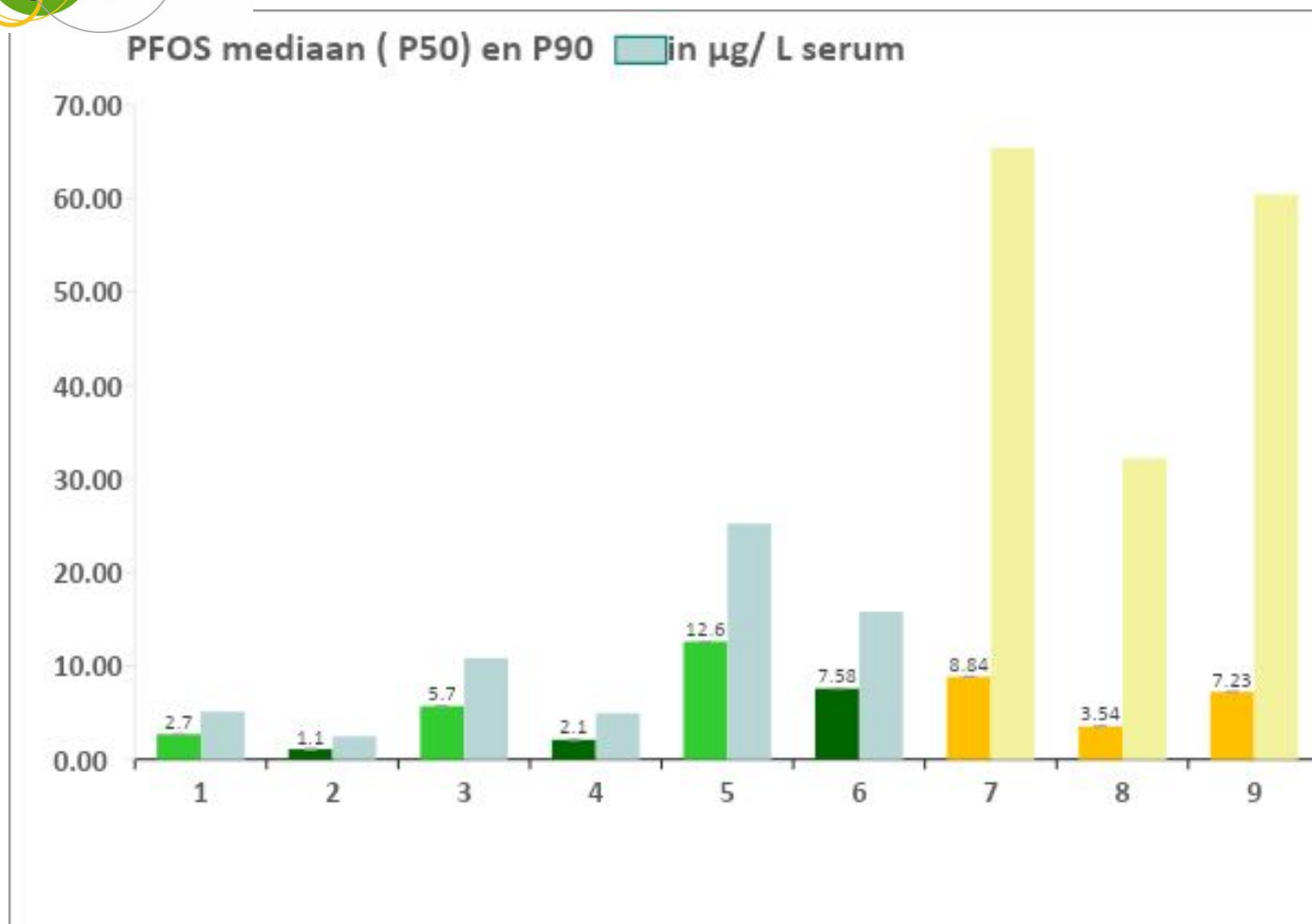
Geometric mean (dark orange) and P90 (light orange) in µg/L of adolescents <3km from 3M site n=796, 12-79 yrs



Exposure determinants	Linear PFOS
Men versus women	+15%
Older participants	+10%
Non Belgians/ Belgians	-45%
Obese/ not obese	-20%
> 30 years in study area/ > 5 yrs	+56%
Consumption of own eggs/ never	+202%
Always eggs from area/never	+105%
Use of well water	+41%
Living < 1.5 km of 3M/ 1.5-3 km of 3M	+42%

# PFOS in general population and in the vicinity of 3M plant

## Median concentrations(P50) and P90



Exceedance of health based guidance values

**6,9 ng/mL PFOS+PFHxS+PFOA+PFNA**



17% of Flemish teenagers (2017)

62% of residents < 3km of 3M



Adverse health outcomes cannot be excluded

# Risk based setting of Limit values

## FOOD:

- Estimated PFAS intake by food in Be ( average population ) of 3,8 – 10,6 ng/kg bw/w **already fills up the EFSA 2020 TWI** of 4.4 ng/kg .w
- food action limits based on EFSA 2008, no limits for fruit and vegetables
- **limit highest risks – implementation of no regret measures**

## SOIL:

- soil sanitation limit setting : differentiation according to soil destination ( agriculture/ residence/ recreation/ industry
- **strengthening sanitation limits** , residential areas decreased for PFOS ( 4x), for PFOA (10 X)
- **strengthening limits** for free transport of soil : 3 µg/kg ds PFOS, 2 µg/kg ds PFOA, 8 µg/kg ds som PFAS

- Drinkingwater limit: 0.1 µg/L for sum of 20 PFAS and 0.5 µg/L for sum of all PFAS
- Emissions – effluents: below quantification limits
- Emissions –air: development of analytical techniques ongoing



# Communication to public

- No acute effects but long term health effects cannot be excluded
- Strengthening of limit values ( eg. for soil sanitation) but not yet compatible with new EFSA guideline values of TWI
- Recommendations to limit exposure – no regret measures
- Possibility to have serum analysed < 5 km from 3M site
- Health studies: long term follow up
- Start sanitation works of contaminated areas
- Monitoring of contamination during construction works
- Active participation of Flanders and Be at EU level to further restrict PFAS compounds

# Response of the company

**Financial agreement with authorities:  
571 M€**

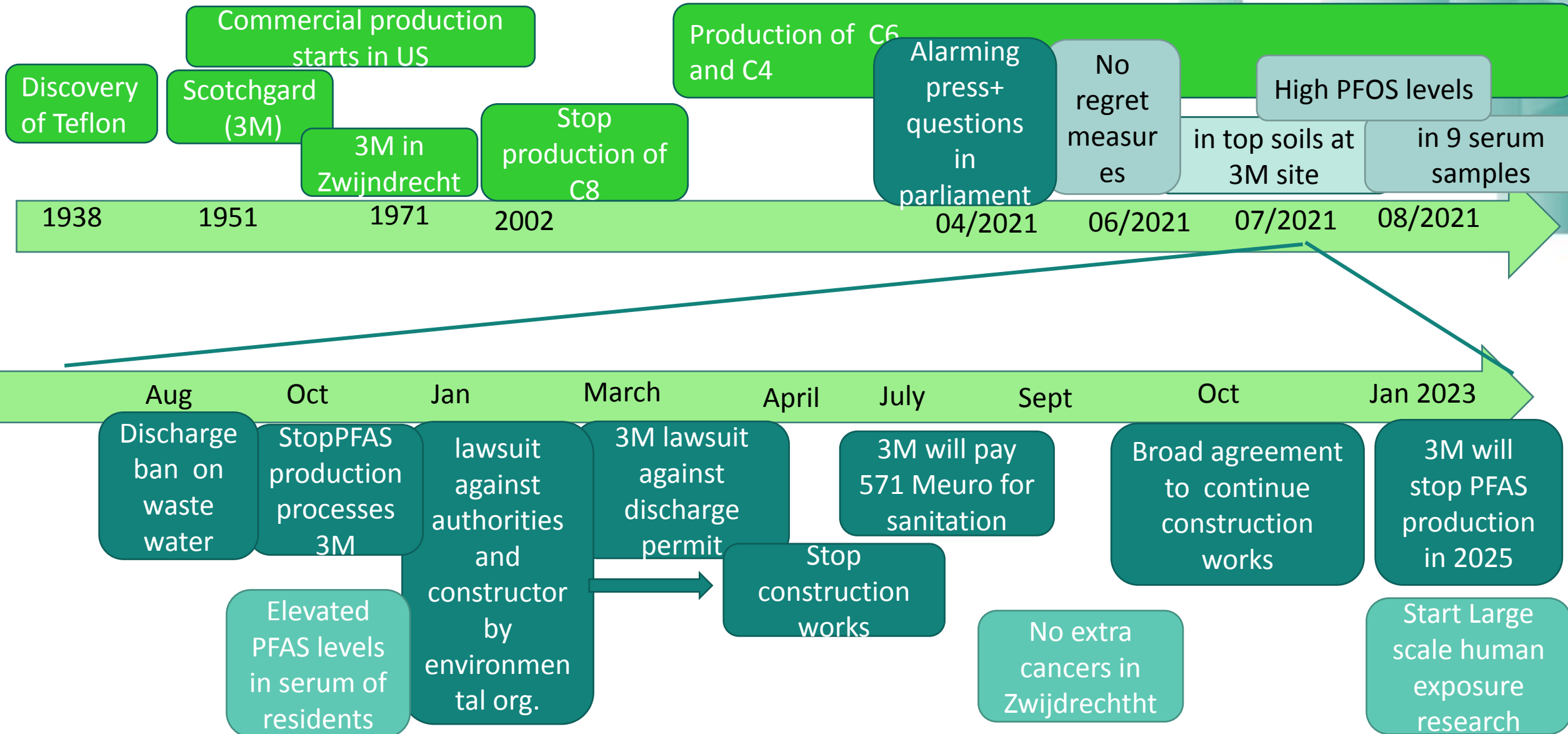
<b>115 M€</b>	
<b>5 M€</b>	<b>Support for local farmers</b>
<b>250 M€</b>	<b>Most urgent remediation works</b>
<b>100 M€</b>	<b>To Flemish authorities to carry out 3M site related actions</b>
<b>100 M€</b>	<b>Financial support and services towards constructor</b>
<b>1,3 M€</b>	<b>Renunciation of subsidies</b>

**Stop production of all PFAS in 2025:**

- Stronger regulations
- Damage claims



# Time line 3M PFAS



# THANK YOU FOR YOUR ATTENTION

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<https://www.vlaanderen.be/pfas-vervuiling>